

**Local Assistance Resources:**

Resource	Entity	Program	Explanation of Program	Office Locations	Phone	Link
Food Assistance	Ventura County Area Agency on Aging	Ventura County Senior Centers and Senior Nutrition Program Meal	Meal Pick up for seniors, Application for delivery meals	<a href="https://www.vcaaa.org/covid-19/">https://www.vcaaa.org/covid-19/</a>	805-477-7300	
Food Assistance	CVUSD	Sack Lunch Pick Up	CVUSD will be serving meals at eight school sites next week starting on Monday. We will be offering sack lunches out of the District's kitchen vans - which are easily recognized by the District's logo on the vehicles. Kids 2-18 years old are eligible to receive a meal at no cost.	<a href="#">Click Here</a>	805-383-1900	<a href="#">Link</a>
Food Assistance	Manna Conejo Valley Food Bank	Food Bank		3020 Crescent Way Thousand Oaks, CA 91362 Tue – 10 – 3PM Thurs – 10 – 4PM Sat – 10 – 1PM	(805) 497-4959	<a href="#">Link</a>
Information	Ventura County Emergency		211 Up to date COVID 19 information for Ventura County	<a href="https://www.vcemergency.com/">https://www.vcemergency.com/</a>		211

**COVID-19 Information:**

Resource	Entity	Program	Explanation of Program	Link	Phone
Information	Department of Labor	OSHA Guidance	OSHA Guidance on Preparing Workplaces for COVID-19	<a href="#">Link</a>	
Information	State of CA	Coronavirus Updates	Updates on COVID-19 and guidance	<a href="#">Link</a>	(916) 558-1784
Information	Centers for Disease Control	Coronavirus Updates	Updates on COVID-19 and guidance	<a href="#">Link</a>	

**Statewide Assistance Resources:**

Resource	Entity	Program	Explanation of Program	Office Locations	Phone	Link
Financial	State of California	CalWORKs	Provides cash aid and services to eligible families that have a child(ren) in the home.	<a href="#">Locate local office information here, or call phone number's listed.</a>		<a href="http://www.benefitscal.org/">http://www.benefitscal.org/</a>
Financial	State of California	Cash Assistance Program for Immigrants	CAPI provides cash assistance to certain aged, blind, and disabled legal non-citizens ineligible for Supplemental Social Security Income/State Supplemental Payment (SSI/SSP) due to their immigration status.	<a href="#">Check listing for nearest office or call phone number listed here.</a>		<a href="https://www.cdss.ca.gov/capi">https://www.cdss.ca.gov/capi</a>
Financial	State of California	Disability Insurance	Gov Newsom waived one-week waiting period for applying, and allowed for individuals sick with COVID-19 to claim short-term disability insurance.	Locate local office by calling number	English: 1-800-480-3287 Spanish: 1-866-658-8846	<a href="https://www.edd.ca.gov/disability/Options_to_File_for_DI_Benefits.htm">https://www.edd.ca.gov/disability/Options_to_File_for_DI_Benefits.htm</a>
Financial	State of California	Paid Family Leave	Up to six weeks of benefit payments to eligible workers who have a full or partial loss of wages because they need time off work to care for an ill or quarantined family member with COVID-19 (certified by a medical professional)	Locate local office by calling number	English: 1-877-238-4373 Spanish: 1-877-379-3819 Cantonese: 1-866-692-5595 Vietnamese: 1-866-692-5596 Armenian: 1-866-627-1567 Punjabi: 1-866-627-1568 Tagalog: 1-866-627-1569	<a href="#">File a Paid Family Leave claim</a>
Financial	State of California	Paid Sick Leave	You may be eligible if you or a family member are sick or for preventative care when civil authorities recommend quarantine.	<a href="#">Learn more about your eligibility for Paid Sick Leave</a>		<a href="#">Learn more about your eligibility for Paid Sick Leave</a>
Financial	State of California	Unemployment Insurance	Gov. Newsom waived the one-week waiting period for applying for unemployment insurance. Can apply online, by phone, or mail.	Locate local office by calling number	English 1-800-300-5616 Spanish 1-800-326-8937 Cantonese 1-800-547-3506 Mandarin 1-866-303-0706 Vietnamese 1-800-547-2058	<a href="https://www.edd.ca.gov/unemployment/Filing_a_Claim.htm">https://www.edd.ca.gov/unemployment/Filing_a_Claim.htm</a>

Financial	State of California	Worker's Compensation	If you are unable to do your usual job because you were exposed to and contracted COVID-19 during the regular course of your work, you may be eligible for workers' compensation benefits.	Online	1-800-736-7401	<a href="#">File a Workers' Compensation claim</a>
Food Assistance	State of California	CalFRESH	Provides assistance for households to purchase nutritious food.	<a href="#">Locate local office information here, or call phone number's listed.</a>		<a href="https://www.mybenefitscalwin.org/">https://www.mybenefitscalwin.org/</a>
Healthcare- Order Prescriptions Online	Kaiser	Health Care	Contact Kaiser if you have COVID-19 symptoms. No cost for screening or testing.		See number on Kaiser membership card	<a href="http://kp.org/rxrefill">Sign up on kp.org/rxrefill</a> and <a href="#">receive your medications in a few business days.</a>
Healthcare-COVID-19	Kaiser	Health Care	Order prescriptions online.	See local Kaiser hospital	NorCal: 1-866-454-8855 SoCal: 1-833-574-2273	<a href="https://healthy.kaiserpermanente.org/health-wellness/coronavirus-information">https://healthy.kaiserpermanente.org/health-wellness/coronavirus-information</a>
Housing	State of California	CalWORKs Homeless Assistance	CalWORKs HA can provide payments for temporary shelter for up to 16 consecutive calendar days, as well as payments to secure or maintain housing	<a href="#">Check listing for nearest office or call phone number listed here.</a>		<a href="https://www.cdss.ca.gov/inforesources/cdss-programs/housing-programs/calworks-homeless-assistance">https://www.cdss.ca.gov/inforesources/cdss-programs/housing-programs/calworks-homeless-assistance</a>
Housing	State of California	CalWORKs Housing Support	The CalWORKs Housing Support Program (HSP) assists homeless CalWORKs families in obtaining permanent housing	<a href="#">Check listing for nearest office or call phone number listed here.</a>		<a href="#">Link</a>
Phone service	State of California	The California LifeLine Program	The California LifeLine Program provides discounted basic home/cell phone service to qualified households, helping consumers lower the cost of their home or cell phone bills.		1-866-272-0357	
Utilities Assistance	State of California	CARE/FERA	Discounts on utilities for low-income families	<a href="https://www.cpuc.ca.gov/General.aspx?id=976">https://www.cpuc.ca.gov/General.aspx?id=976</a>	Southern California Edison- 1-800-655-4555	<a href="https://www.cpuc.ca.gov/General.aspx?id=976">https://www.cpuc.ca.gov/General.aspx?id=976</a>