

Local Assistance Resources:

| Resource | Entity | Program | Explanation of Program | Office Locations | Phone | Link |
|-------------------|--|-----------|---|--|--------------|----------------------|
| Financial/Housing | Riverside County Dept. of Public Social Services | Various | Offers support in applying for state resources and accessing county specific assistance. | Locate nearest office or call number for assistance. | | |
| Food | Inland Empire Food Bank | Food Bank | | 2950 Jefferson St, Riverside | 951-359-4757 | Link |
| Food | Arlington Seventh Day Adventist Community Services | Food Bank | 5 day supply of food to low income families. Tuesdays 8am-10:30am, need CA ID, utility bill, proof of income. | 8778 Magnolia Ave, Riverside | 951-688-6632 | |
| Food | Casa Blanca Home of Neighborly Service | Food Bank | Twice a month services. | 7680 Casa Blanca St, Riverside | 951-688-3043 | Link |
| Food | Riverside Unified School District | Meals | Times Vary call for more details or check link | All RUSD schools | 951-788-7135 | Link |
| Referrals | 211 Riverside | Referral | Referrals to local resources | Link | 211 | Link |

COVID-19 Information:

| Resource | Entity | Program | Explanation of Program | Link | Phone |
|-------------|-----------------------------|---------------------|--|----------------------|----------------|
| Information | Department of Labor | OSHA Guidance | OSHA Guidance on Preparing Workplaces for COVID-19 | Link | |
| Information | State of CA | Coronavirus Updates | Updates on COVID-19 and guidance | Link | (916) 558-1784 |
| Information | Centers for Disease Control | Coronavirus Updates | Updates on COVID-19 and guidance | Link | |

Statewide Assistance Resources:

| Resource | Entity | Program | Explanation of Program | Office Locations | Phone | Link |
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| Financial | State of California | CalWORKs | Provides cash aid and services to eligible families that have a child(ren) in the home. | Locate local office information here, or call phone number's listed. | (800) 274-2050 | http://www.benefitscal.org/ |
| Financial | State of California | Cash Assistance Program for Immigrants | CAPI provides cash assistance to certain aged, blind, and disabled legal non-citizens ineligible for Supplemental Social Security Income/State Supplemental Payment (SSI/SSP) due to their immigration status. | Check listing for nearest office or call phone number listed here. | (800) 274-2050 | https://www.cdss.ca.gov/capi |
| Financial | State of California | Disability Insurance | Gov Newsom waived one-week waiting period for applying, and allowed for individuals sick with COVID-19 to claim short-term disability insurance. | Locate local office by calling number | English: 1-800-480-3287 Spanish: 1-866-658-8846 | https://www.edd.ca.gov/disability/Options_to_File_for_DI_Benefits.htm |
| Financial | State of California | Paid Family Leave | Up to six weeks of benefit payments to eligible workers who have a full or partial loss of wages because they need time off work to care for an ill or quarantined family member with COVID-19 (certified by a medical professional) | Locate local office by calling number | English: 1-877-238-4373 Spanish: | File a Paid Family Leave claim |
| Financial | State of California | Paid Sick Leave | You may be eligible if you or a family member are sick or for preventative care when civil authorities recommend quarantine. | Learn more about your eligibility for Paid Sick Leave | | Learn more about your eligibility for Paid Sick Leave |
| Financial | State of California | Unemployment Insurance | Gov. Newsom waived the one-week waiting period for applying for unemployment insurance. Can apply online, by phone, or mail. | Locate local office by calling number | English 1-800-300-5616 Spanish 1-800-326-8937 | https://www.edd.ca.gov/unemployment/Filing_a_Claim.htm |
| Financial | State of California | Worker's Compensation | If you are unable to do your usual job because you were exposed to and contracted COVID-19 during the regular course of your work, you may be eligible for workers' compensation benefits. | Online | 1-800-736-7401 | File a Workers' Compensation claim |

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| Food Assistance | State of California | CalFRESH | Provides assistance for households to purchase nutritious food. | Locate local office information here, or call phone number's listed. | (800) 274-2050 | https://www.mybenefitscalwin.org/ |
| Healthcare- Order Prescriptions Online | Kaiser | Health Care | Contact Kaiser if you have COVID-19 symptoms. No cost for screening or testing. | | See number on Kaiser membership card | Sign up on kp.org/rxrefill and receive your medications in a few business days. |
| Healthcare-COVID-19 | Kaiser | Health Care | Order prescriptions online. | See local Kaiser hospital | SoCal: 1-833-574-2273 | Link |
| Housing | State of California | CalWORKs Homeless Assistance | CalWORKs HA can provide payments for temporary shelter for up to 16 consecutive calendar days, as well as payments to secure or maintain housing | Locate local office information here, or call phone number's listed. | (800) 274-2050 | https://www.cdss.ca.gov/inforesources/cdss-programs/housing-programs/cal-works-homeless-assistance |
| Housing | State of California | CalWORKs Housing Support | The CalWORKs Housing Support Program (HSP) assists homeless CalWORKs families in obtaining permanent housing | Locate local office information here, or call phone number's listed. | (800) 274-2050 | https://www.cdss.ca.gov/inforesources/cdss-programs/housing-programs/cal-works-housing-support-program |
| Phone service | State of California | The California LifeLine Program | The California LifeLine Program provides discounted basic home/cell phone service to qualified households | | 1-866-272-0357 | |
| Utilities Assistance | State of California | CARE/FERA | Discounts on utilities for low-income families | https://www.cpuc.ca.gov/General.aspx?id=976 | Southern California Edison- 1-800-655-4555 | https://www.cpuc.ca.gov/General.aspx?id=976 |